First Responder Health Disparity Awareness Program

Topics of Discussion

1) Describe how the ‘broken window’ theory influences first responders when dealing with communities of different socio-economic levels? Ex: Underserved and affluent.

   Resources:
   - How A Theory of Crime And Policing Was Born, And Went Terribly Wrong
   - An empirical application of “broken windows” and related theories in healthcare: examining disorder, patient safety, staff outcomes, and collective efficacy in hospitals
   - An empirical application of "broken windows" and related theories in healthcare: examining disorder, patient safety, staff outcomes, and collective efficacy in hospitals
   - Broken (windows) theory: A meta-analysis of the evidence for the pathways from neighborhood disorder to resident health outcomes and behaviors
   - One article of your own.

2) How can first responders be conscious of stereotyping LGBTQIA communities and civilians when they are responding to a health crisis among that community?

   Resources:
   - Bias Policing Overview and Resource Guide
   - Cultural Competence in the Care of LGBTQ Patients
   - Discrimination and Harassment by Law Enforcement Officers in the LGBT Community
   - Healthcare Stereotype Threat and LGBT Well-Being Across the Life Course
   - Lavender and Blue Attitudes About Homosexuality and Behavior Toward Lesbians and Gay Men Among Police Officers
   - One article of your own.
3) Define common stereotypes and assumptions of what might be considered “suspicious activity” of individuals and how should first responders assess possible indicators of mental illness of the subject to approach them accordingly?

**Resources:**
- Identification of mental illness in police cells: a comparison of police processes, the Brief Jail Mental Health Screen, and the Jail Screening Assessment Tool
- The use of a brief mental health screener to enhance the ability of police officers to identify persons with serious mental disorders
- Incorporating mental health literacy and trauma-informed law enforcement: A participative survey on police officers’ attitudes and knowledge concerning mental disorders, traumatization, and trauma sensitivity.
- Governing through care: A qualitative assessment of team play between police and nurses for people with mental illness
- Assessing the REBOOT First Responders program: Physical, mental, and social...: UGA Libraries Multi-Search: (ebscohost.com)
- One article of your own.

4) How do language, religion and cultural differences influence first responders’ interactions with civilians and their communities when dealing with a health-related crisis?

**Resources:**
- On Faith, Health and Tensions An Overview from an inter-governmental perspective.
- Mental Health Risks in Cultural Heritage First Responders After Disasters: A Review and Suggestions for Future Research.
- Re-examining mental health crisis intervention: A rapid review comparing outcomes across police, co-responder, and non-police models
- How to Serve Diverse Communities
5) All health professionals are taught to learn a ‘bedside manner’ when dealing with patients. Should this concept be mandated for first responders to learn as well? Why or why not? What should it encompass?

**Resources:**

- Core Competencies Needed for Health Care Professionals
- Physician behavior and bedside manners: the influence of William Osler and The Johns Hopkins School of Medicine
- National Guidelines for Behavioral Health Crisis Care
- Professionalism in Healthcare Professionals

**WHY IT IS IMPORTANT TO HAVE GOOD BEDSIDE MANNER**

6) How can first responders be aware of PTSD indicators among themselves when dealing with situations?

**Resources:**

- Turning to ‘Trusted Others’: A Narrative Review of Providing Social Support to First Responders.
- Integrating Spirituality in Group Psychotherapy with First Responders: Addressing Trauma and Substance Misuse
- Understanding post-crisis trauma recovery for the past decade in uniformed services: a narrative review.

**First Responders: Behavioral Health Concerns, Emergency Response, and Trauma**

One article of your own.
7) Many first responders may deal with their own PTSD symptomology which could result in an escalated situation when dealing with diverse populations. How can first responders’ control their PTSD for a better outcome of the situation at hand?

**Resources:**
- The impact of COVID-19 on the mental health and well-being of ambulance care professionals: A rapid review
- PTSD in First Responders
- First Responders and PTSD: A Literature Review
- Trauma-Informed Discipline Response and Behavior System
- One article of your own.

8) How can first responders be cognizant of common age-related biases, such as substance abuse, depression, and command of faculties of civilians during an emergency call. How should they handle such crises?

**Resources:**
- Policing in pandemics: A systematic review and best practices for police response to COVID-19
- Increasing Mental Health Literacy in Law Enforcement to Improve Best Practices in Policing—Introduction of an Empirically Derived, Modular, Differentiated, and End-User Driven Training Design
- Emergency Responder Health Monitoring and Surveillance
- Emotional, Behavioral, and Psychological Impact of the COVID-19 Pandemic
- One article of your own.
9) How can the use of technology reduce ‘knee-jerk’ reactions to a negative incident from first responders that can come across harmful towards civilians they are engaging with?

**Resources:**

Get SMART: The Social Media Awareness and Response Team

Trends in Workplace Wearable Technologies and Connected-Worker Solutions for Next-Generation Occupational Safety, Health, and Productivity

Sidekicks to the Heroes: How Science and Technology Support First Responders (And How You Can Too) - PubMed (nih.gov)

The usefulness of information and communication technologies in crisis response - PubMed (nih.gov)


One article of your own.

10) What can first responders do to create a safe environment between diverse populations when they are called during an emergency?

**Resources:**

Emergency Preparedness and Response: Getting Started

How First Responders Communicate During an Emergency

Increasing Diversity Among First Responders

**COMMUNICATING IN AN EMERGENCY**

One article of your own.

11) How can first responders be aware of the physical limitations that civilians may have when responding to an emergency?

**Resources:**

Educating First Responders to Provide Emergency Services to Individuals with Disabilities
Disaster Responder Stress Management

Emergency Management Under Title II of the ADA

Emergency Preparedness and Disabilities: Getting All Employees Out Safely

One article of your own.