Nursing Orientation

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Nursing and Allied Health Advisor | Pre-Professional Advising Office
Orientation Overview

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2. Myths about UGA and Nursing
3. Nursing Pathways for UGA Students
4. Selecting a Major
5. Prerequisite Courses
6. Nursing Schools
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10. Applying to Nursing Programs
Meet our Staff!

- Amanda Spohn (Pre-Dental, Veterinary, & Optometry Advisor)
  - aspohn@uga.edu
  - dirpremed@uga.edu

- Chelsea Wesnofske (Pre-Allied Health & Nursing)
  - clhims1@uga.edu

- Taz Qadri (Pre-Physician Assistant)
  - tqadri@uga.edu

- Jabari Robinson (Pre-Medical Advisor – Junior, Senior, and Alumni)
  - Jabari.Robinson@uga.edu

- Jennifer Letchuk (Pre-Medical Advisor – Freshman and Sophomore)
  - jletchuk@uga.edu
About the Pre-Professional Advising Office

- Our office advises all UGA students interested in healthcare careers.
  - Medicine, dentistry, optometry, allied-health (PA, PT, OT, AA), and nursing.

- We are located in 130 Memorial Hall
  - Website: prehealth.uga.edu
  - Email: premed@uga.edu
  - Phone: 706-542-0444

- Visit our website:
  - To join our Pre-Health UGA listserv
  - To check out our Pre-Health Event Calendar for upcoming meetings/workshops/events.
  - To make an appointment with a Pre-Health Advisor.
Myths about UGA and Nursing

• UGA does NOT having a nursing program

• UGA does NOT have a partnership with any nursing program

• UGA does NOT have a Nursing Major
Pathways to Nursing School

UGA

Transfer into a nursing program

Traditional nursing program (TEAS/HESI)

Accelerated nursing program (GRE)

Work as a Registered Nurse

Continue to a Nurse Practitioner Program

Work as a Nurse Anesthetist Program (500 hrs in ICU or CCU)

Finish degree at UGA

Accelerated nursing program (GRE)

Work as a Registered Nurse

Continue to a Nurse Practitioner Program

Work as a Nurse Practitioner

Continue on to a Nurse Anesthetist Program (500 hrs in ICU or CCU)
What should I major in?

• Major does not matter!
  • You should select a major that you are genuinely interested in so that you are more likely to excel

• Need help selecting a major? Visit our Exploratory Center.

• You will take your prerequisite courses alongside major courses. Your primary advisor can help you balance your schedule.
Typical Prerequisite Courses:

• Anatomy & Physiology I and II
  • CBIO 2200/L & CBIO 2210/L
• Microbiology
  • MIBO 2500/L
• Statistics
  • STAT 2000 or BIOS 2010
• Pre-Calculus
  • MATH 1113
• Lifespan Development
  • HDFS 2200

One science sequence
• BIOL 1103/L & BIOL 1104/L
• BIOL 1107/L & BIOL 1108/L
• CHEM 1211/L & CHEM 1212/L

Other Suggested Classes:
• Public Speaking
  • COMM 1110
• Nutrition
  • FDNS 2100
• Psychology
  • PSYC 1101 or PSYC 3230
Nursing Schools in Georgia

- Albany State University
- Brenau University
- Clayton State University
- Columbus State
- Emory University
- Georgia College and State University
- Georgia Southern University (Armstrong Campus)
- Georgia Southwestern State University
- Georgia State University
- Kennesaw State University
- LaGrange College
- Medical College of Georgia (Augusta)
- Mercer University
- Middle Georgia State College
- North Georgia College and State University
- Piedmont College
- University of West Georgia (Tanner Health System School of Nursing)
- Valdosta State University

https://www.nursingprocess.org/nursing-schools/georgia/
Create a Nursing School List

- Make a list of schools you would like to apply to
- What are their requirements for admission?
- What are their deadlines?
- What tests do they require?

<table>
<thead>
<tr>
<th>School</th>
<th>Application Dates</th>
<th>Prerequisites</th>
<th>Test Needed</th>
<th>Supplemental information</th>
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<td>GA State</td>
<td>Feb. 15</td>
<td>SOCI 1101</td>
<td>TEAS</td>
<td>Essay</td>
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Clinical Experiences:

• Shadowing/Observation Hours
• Clinical volunteering
• Medical certifications/jobs: CNA, MA, EMT, Phlebotomist, Scribe
Local Places to Gain Clinical Experience:

- **Hospitals/Clinics:**
  - Piedmont Athens Regional Medical Center
  - St. Mary’s Health Care System
  - Mercy Health Center
  - Athens Nurses Clinic
  - Athens Neighborhood Health Center

- **Hospices:**
  - St. Mary’s Hospice
  - Gentiva Hospice
  - Athena Healthcare & Hospice
  - Hospice Advantage
  - Pruitt Health

- **Non-medical:**
  - Thomas Lay After-school Program
  - Summer camps (Camp Hardgrove, Camp Twin Lakes, Camp Kudzu, Camp Kesem, etc.)
  - Action Ministries of Athens
  - Boys & Girls Club of Athens
  - Athens-Area Humane Society

- **Clinical work experiences:**
  - Medical Scribing
  - Medical Assistant
  - Phlebotomist
Extracurriculars and Involvements

Volunteering:
• Volunteer experiences *do not* have to be in a healthcare setting!

• No minimum hours, simply show consistent level of commitment.
  • Find something where you’re helping regularly, not just one-offs.
  • Follow your passion!

• Keep record of experiences.
  • Dates, location, who you worked with, what you did, etc.
  • You will not be able to simply upload a resume to most applications.

Why get involved?
• Demonstrate good time management skills
• Shows what you care about
• Support and network building

Clubs & Organizations
• Pre-Nursing Society
• UGA Miracle
• Women in Science
• Plus many more!:
  https://uga.campuslabs.com/engage/organizations
TEAS

- Take the TEAS no later than semester before you plan to apply
  - Offered regularly; however, it will take a couple of weeks to receive your official score report and have that sent to programs of interest.
  - Registration is rolling and can be completed via the ATI website.

- Courses you need before the exam:
  - Anatomy & Physiology I (CBIO 2200/L)
  - Anatomy & Physiology II (CBIO 2210/L) ← if possible

- TEAS scores range from 60% - 100%
  - Try to score at least 70%, often schools will look for a score of 70%-80% for application

- You can study for the TEAS on your own or take a TEAS prep-course
  - Key is to make a study plan and take practice tests!
HESI

- Take the HESI no later than semester before you plan to apply
  - Offered regularly; however, it will take a couple of weeks to receive your official score report and have that sent to programs of interest.
  - Registration is rolling and can be completed via the HESI website.

- Courses you need before the exam:
  - Anatomy & Physiology I (CBIO 2200/L)
  - Anatomy & Physiology II (CBIO 2210/L) if possible

- HESI scores range from 60% - 100%
  - Try to score at least 70%, often schools will require a score of a 70%-80% for application

- You can study for the HESI on your own or take a HESI prep-course
  - Key is to make a study plan and take practice tests!
GRE

- Take the GRE no later than the semester before you plan to apply
  - Offered regularly; however, it will take a couple of weeks to receive your official score report and have that sent to programs of interest.
  - Registration is rolling and can be completed via the University Testing Center on campus.

- Courses you need before the exam:
  - No specific coursework is required as it is a “general test”, similar to SAT

- GRE scores range from 260-340
  - Try to score at least 300 (50th percentile) as a composite (combined) score
  - ~150 for quantitative, ~150 for verbal, ~4.0 writing

- You can study for the GRE on your own or take a GRE prep-course
  - Key is to make a study plan and take practice tests!
Primary Components of Application

1. Academic History
   - Overall GPA vs. Science/Prerequisite GPA
   - Transcripts

2. Exam Performance (TEAS /GRE)

3. Activities/Experiences
   - Shadowing (Exposure to “nurse-patient” interaction)
   - Volunteering (Commitment to helping others and community involvement)
   - Leadership (Extracurricular engagement)

4. Personal Statement and/or Essay(s)

5. Letters of Evaluation (start building relationships now!)
Upcoming Pre-Nursing Events

Clinical Experiences Workshop:
Thursday, September 17\textsuperscript{th}, 4:00
Zoom: \url{https://zoom.us/j/94026780405}

Applying to Nursing School Presentation:
Applying to Nursing Schools Presentation
Thursday, October 15\textsuperscript{th}, 4:00
Zoom: \url{https://zoom.us/j/94249359603}
What’s Next?

- Make an appointment with me in SAGE at least once a semester
- Talk with your primary advisor about courses
- Start researching ways to get involved
- Start researching nursing programs
- Use our website to
  - Join the Pre-Health listserv
  - Review relevant information for your field
  - Attend our events
Questions?

Pre-Professional Advising Office
Website: ppaoo.uga.edu
Email: premed@uga.edu
Phone: 706-542-0444

To make an appointment with me, please visit our website or log onto SAGE.