



Pre-Health Advising

Pre-Professional Advising Office

UNIVERSITY OF GEORGIA

Introductory Orientation

For Pre-Nursing Students

Casey Ellis

Pre-Allied Health & Nursing Advisor | Pre-Professional Advising Office

Office of the Vice President for Instruction



About the Pre-Health Advising Office

- Our office advises all UGA students interested in healthcare careers.
 - Medicine, dentistry, vet, optometry, allied-health (GC, PT, OT, AA), physician's associate and nursing.
- We are located at 130 Memorial Hall
 - **Website:** ppao.uga.edu
 - **Email:** premed@uga.edu
 - **Phone:** 706-542-0444
- Visit our [website](#):
 - To join our [Pre-Health UGA listserv](#).
 - To check out our [Pre-Health Event Calendar](#) for upcoming meetings/workshops/events.
 - To make an appointment with a [Pre-Health Advisor](#).
 - To check out our [Study Abroad programs](#).



Scan to join the
UGA Pre-Health
listserv



Meet Your Advisor!



Hi! My name is Casey Ellis. I am your pre-allied health and nursing advisor. I am here to help you be the most well-rounded applicant you can be.

I am here to encourage and advise, not decide. On your way to nursing school, you will focus on grades, involvement, leadership, volunteering, and shadowing. You can find a little bit more about me on our [website](#).



How to Contact Me

- Email me at cme18@uga.edu for a quick question
- Make an appointment with me in SAGE.
 - Appointments are 45 minutes in length and can be either in person or over Zoom (your choice)
 - By [FERPA](#) rules, meetings are with you only. If you must Zoom in a public space, find a quiet area and use earbuds.
- Visit my [walk-in](#) hours.
 - Monday afternoons from 3-4 P.M. via Zoom starting August 26th
 - Wednesday mornings from 9-10 A.M. via Zoom starting August 28th



Orientation Overview

- UGA and Nursing
- Nursing Pathways for UGA Students
- Selecting a Major
- Prerequisite Courses
- Creating a Nursing School List
- Clinical Experiences
- Extracurricular Activities
- Exams
- Applying to Nursing Programs

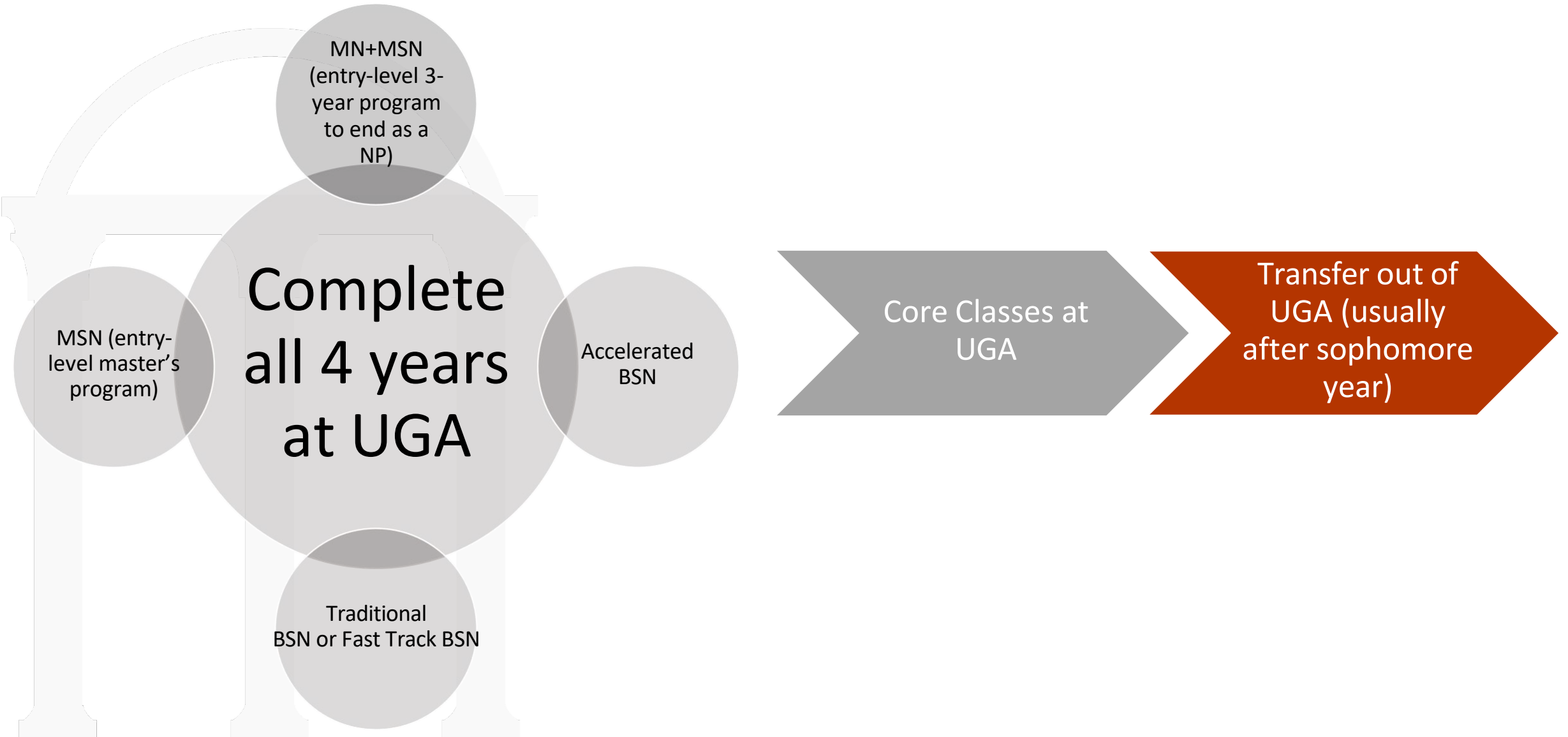


UGA and Nursing

- UGA does not have a nursing program
- UGA does not have a partnership with any nursing program
- UGA does not have a nursing major



Pathways to Nursing School



What Should I Major In?

- •Major does not matter!

It is more important to pursue a major that interests you as you are far more likely to succeed in a major you enjoy. Pick a major that aligns with your passions. It is true that certain science majors require the nursing pre-requisites and therefore completing your plan on degree works more efficiently but that does not mean that is the best choice for you.

- Need help selecting a major? Visit our Exploratory Center.

Information about courses, majors, minors, and certificates can be found on the UGA Bulletin website:

<https://bulletin.uga.edu/>

Undecided and/or Exploring? Visit the Career Center <https://career.uga.edu/> and/or the Exploratory Center:

<https://advising.uga.edu/exploratory-center/what-we-do/>

- You will take your prerequisite courses alongside major courses. Your primary advisor can help you balance your schedule.



Typical Prerequisite Courses

- Anatomy & Physiology I and II (CBIO 2200/L & CBIO 2210/L)
 - Microbiology (MIBO 2500/L or 3500 and Lab)
 - Statistics (STAT 2000 or BIOS 2010)
 - Lifespan Development (HDFS 2200)

One science sequence (BIOL 1103/L & BIOL 1104/L) or (BIOL 1107/L & BIOL 1108/L) or CHEM 1211/L & CHEM 1212/L

- Psychology (PSYC 1101)

Other Suggested Classes:

- Psychology (PSYC 3230)
- Nutrition (FDNS 2100 – needed for Emory & Piedmont)
 - Behavioral Science (ANTH 1102 or SOCI 1101)
- Medical Terminology (CLAS 1030 – needed for Brenau)



Create a Nursing School List

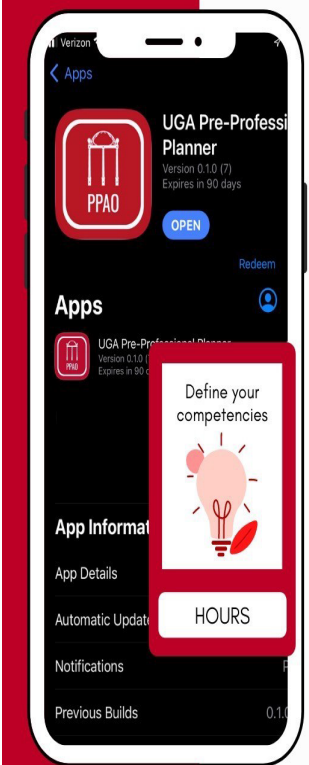
- Make a list of schools you would like to apply to What are their requirements for admission? What are their deadlines? What tests do they require?

Schools	Deadlines	Prerequisites	Test Needed	Supplemental Info
Augusta BSN	March 14th	BIOL 1103/L & 1104/L	TEAS	Essay
Brenau MSN	July 26th	CHEM 1211/L & 1212/L	HESI	Essay



Shadowing & Clinical Experiences

- Shadowing/Observation Hours
- Clinical Work or Clinical Volunteering - Hospice, Piedmont, St. Mary's, etc.
- Medical Certifications/Licenses: C.N.A, M.A., EMT, Phlebotomist, Scribe, Interpreter, etc.
- You can keep up with these experiences in a journal, excel sheet, or in the UGA Pre-Professional Planner App!



DOWNLOAD IT
TODAY

Simple. Easy. Professional.
Digitally log your experiences
from freshman year on.

Define your competencies
HOURS

Track your involvement
ORGANIZE

Prepare for your future
SUCCEED

BY UGA PPAO



Community Involvement

- Hospitals/Clinics/Hospice – I am happy to send you a list.
- Non-Medical Volunteering – Pick an organization to volunteer with consistently with an underserved community in a face-to-face manner. I am happy to send you a list of examples.

Volunteer experiences do not have to be in a healthcare setting! No minimum hours, simply show a consistent level of commitment. Find something where you're helping regularly, not just one-offs. Follow your passion! Keep a record of experiences. Dates, location, who you worked with, what you did, etc. You will not be able to simply upload a resume to most applications.

- Interested in getting a medical certificate/license? I can help set you up.
- Clubs/Organizations at UGA: <https://uga.campuslabs.com/engage/ORGANIZATIONS>



Pre-Nursing Society

Pre-Nursing Society at UGA has been created in order to enable Pre-Nursing students at UGA to learn more about the nursing profession, connect with other pre-nursing students, and receive guidance on classes to take as well as the application process for nursing school.

We host monthly meetings at which we discuss different nursing schools and programs, common prerequisites for these programs, details regarding the entry examinations, and volunteer opportunities. We also invite guest speakers, whose credentials vary from practicing nurses, nursing students, and faculty from nursing schools.

E: prenursinguga@gmail.com



Minority Student Science Association

The Minority Student Science Association is a UGA student-run organization that strives to "[bring] excellence and diversity to the sciences by providing resources and fostering relationships between minorities at the university and professionals in the community," as per our mission statement. We serve minority students with intent in pre-health pathways or in the science-based disciplines. This organization serves as a liaison to ensure our members have reliable access to proper resources and events that will enhance their academic and professional careers. MSSA is dedicated to ensure we fulfill the needs of our minority student members exceed expectations, especially since we are founded upon the principles of educating and preparing members to be leaders for tomorrow.

E: ugamssa@gmail.com



PPAO Study Abroad

- Health in Belize (Maymester)
- Health in Cuba (13 days in June)
- Health in South Africa (Winter Break)
- All programs meet UGA's Experiential Learning requirement
- All programs require BIOL 1107/L complete and to be enrolled in BIOL 1108/L by the time of application.



TEAS

- Take the TEAS no later than the semester before you plan to apply

Registration is rolling and can be completed via the ATI website

- Courses you need before the exam

Anatomy & Physiology 1 (CBIO 2200/L) & (CBIO 2210/L)

- Teas Scores range from 60-100%

The average matriculant score is a 75%

- Self-study for the TEAS should be sufficient.

Check out free study materials from the PPAO Resource Library: <https://ppao.uga.edu/resources/reslib/>



HESI

- Take the HESI no later than the semester before you plan to apply

It is offered regularly, and registration is rolling. Registration can be completed via the HESI website.

- The HESI contains nine specific subjects:

vocabulary and general knowledge, reading comprehension, grammar, basic math skills, biology, anatomy and physiology, chemistry, and physics.

- The average matriculant HESI score is 75% or higher.
- Self-study for the HESI should be sufficient.

Check out free study materials from the PPAO Resource Library: <https://ppao.uga.edu/resources/reslib/>



GRE

- Take the GRE four to six weeks before you plan to apply.

It is offered regularly but can take 4 to 6 weeks to receive scores and up to 10 business days for scores to be received by schools after they have been sent.

- There are no specific courses you need to take before the exam.
- GRE scores range from 260-340

Try to score at least 300 (50th percentile) as a composite (combined) score. This would come out to ~150 for quantitative and ~150 for verbal, ~ 4.0 writing

- Self-study is sufficient for the GRE.

Check out free study materials from the PPAO Resource Library: <https://ppao.uga.edu/resources/reslib/>



Primary Components of the Application

- **Academic History**

Overall GPA, Science GPA, Prerequisite GPA

Transcripts

- Exam Performance (TEAS/HESI/GRE)
- Activities/Experiences
- Personal Statement/Essays
- Letters of Evaluation (start building relationships now!)



What Should I Do Next?

- Make an appointment with me in SAGE
- Meet with your primary advisor
- Research ways to get involved
- Research nursing programs
- Visit our website

Join the Pre-Health listserv

Review relevant information for your field

Attend our events



Pre-Professional Student Ambassadors (PPSA)

- PPSAs connect students to campus resources, provide peer mentorship, professional development opportunities, and support/guidance.
- Connect with an ambassador who can help you navigate your path at UGA!
 - 15-minute drop-in [Zoom meetings](#) start in September
- View the [PPSA bios!](#)



Subscribe to the PPSA
Peer Mentor Calendar!



Questions?

Pre-Professional Advising Office

Website: ppao.uga.edu

Email: premed@uga.edu

Phone: 706-542-0444

To make an appointment with me, please visit our website or log onto SAGE.

